



Oral Sedation Instructions

Depending on the level of anxiety and the treatment involved you have been prescribed what we term an oral sedative.

The following should be noted regarding this prescription:

- You will be **monitored** during the procedure for blood pressure, pulse and breathing cycles (this is **normal**).
- Medications used for sedation act on specific parts of the brain which will normally make **you feel drowsy and sleepy**; sometimes the term "**euphoric**" has been used to describe the feeling. Patients that have also been known to carry on a full conversation, but have no memory of it the following day.
- Blood samples may show this medication as long as two to three days after taking it, however, normally the noticeable affects are **gone within one day**.
- Your body will utilize the liver and kidneys to get rid of this medication, so we usually recommend **drinking lots of water** after the procedure to help dissipate this medication.
- You are **not allowed to drive** for the rest of the day after taking this medication! You **MUST** have a family member or friend drive you home from your appointment. Should we observe that you are driving or not following this rule, we **will be forced to call the police** (this is a state law).
- We ask that you be **accompanied by a responsible adult**, for the rest of the day
- The most common side effect is difficulty breathing or stop breathing all together; this is why we ask for accompaniment by an adult. If you should experience this call **911** immediately
- If there are any hesitations or questions, please **ask us**.